

Cebu Gloria Maris

**Rotary**  
Club



CREATE HOPE  
in the WORLD

# HIYAS



December, 2023

Sixth Edition

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# *RCCGM's Drive for a Clean Environment & Healthy Food*



Implementing a clean-up drive in the beneficiaries' backyards and encouraging them to plant vegetables instead of weeds is a great way to promote nutrition and sustainable practices within the community.

By providing consistent education and follow-ups during our weekly visits, we're not only imparting knowledge but also ensuring that the beneficiaries understand the importance of maintaining a clean environment and cultivating nutritious food.

Collaborating with barangay officials and nutrition scholars shows a holistic approach to addressing nutrition issues and fostering community involvement. This teamwork helps in ensuring the success and sustainability of your program.

Moreover, the motivation we've instilled in parents to plant the seedlings given to them demonstrates the positive impact of our efforts. Encouraging self-sufficiency through gardening not only contributes to better nutrition but also empowers families to take control of their own well-being & take care of their environment.





## AMOMA SA KAUGMAON UPDATES

Rotary Club of Cebu Gloria Maris represented here by their president, Gay Marie Mercado-Tiu, did a recent visit to the Mayor of Balamban, Mayor Ace Bingham and the Nutrition Head of Asturias, Ms. @Haidee Encarguez-Inting to provide updates on the ongoing Malnutrition Program.



Keeping them informed about the progress, challenges, and impact of the initiative is crucial. This visit serves as an opportunity to share detailed reports, statistics, and success stories regarding the program's implementation. It allows for discussions on any hurdles faced, seeking potential solutions and garnering support from local authorities.

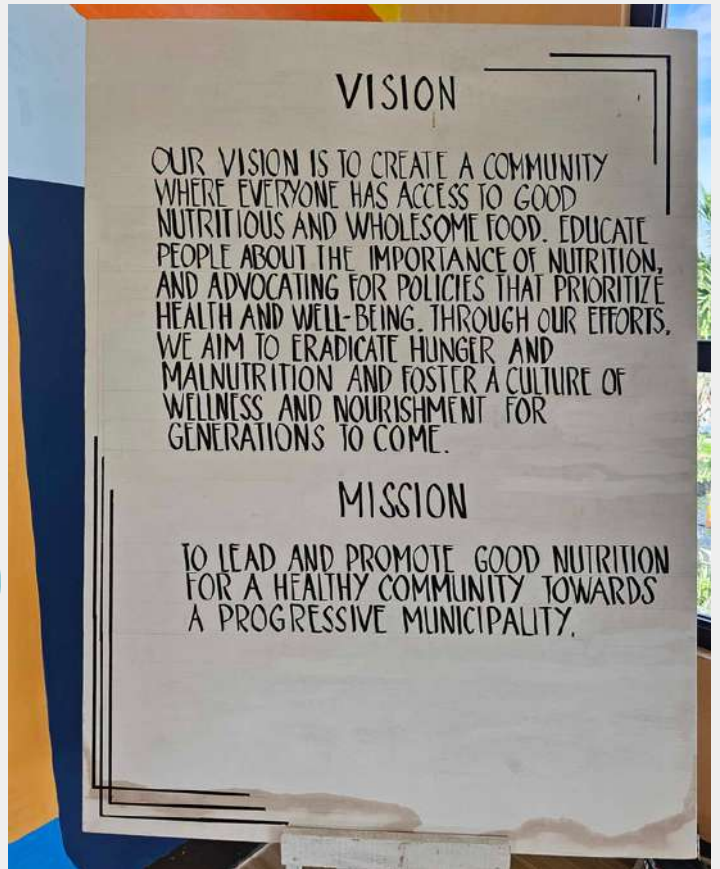
Moreover, it's a chance to express gratitude for their backing and explore ways to further enhance the program's effectiveness.

Building this communication channel helps maintain transparency, strengthens partnerships, and ensures collective efforts toward combating malnutrition in the region.



## *An Inspiring visit...*

Noticing the alignment between the mission of the Nutrition Head's office in Asturias and the goals of the Amoma sa Kaugmaon Malnutrition Program is incredibly encouraging. Taking a picture of this convergence could serve as visual evidence of shared objectives and a common vision in addressing malnutrition.



Highlighting this synergy emphasizes how both entities are working toward similar aims, potentially indicating potential collaboration opportunities or ways to leverage each other's resources, expertise, or strategies to amplify the impact of the initiatives. Sharing this observation can reinforce the significance of collective efforts and inspire further dedication to combating malnutrition through collaborative, aligned approaches.

# A Colostomy-Free Christmas for 29 children!



Rotary Club of Cebu Gloria Maris (RCCGM), together with our soon to be chartered "Rotaract Club of Cebu 3rd District" serve with the World Surgical Foundation Philippines (WSFP), Inc., a non-stock, non-profit charitable foundation organized and committed to enhance the surgical health care capacity of the Philippines. This year, WSFP wants to continue their advocacy of providing charitable surgical services to qualified indigents, including pediatric patients, this time in Cebu last November 28-30, 2023.

They introduced the "#ColostomyFreedomProject", to help alleviate the surgical burden of children, adolescents and even adults who had colostomy done at birth for Anorectal Malformations and Hirschsprung's disease but due to financial constraints have not yet undergone definitive surgical procedures.



*Soon to be chartered Rotaract Club President  
joins the mid-year Leaders Summit*



Rotaract District 3860 | CREATE HOPE in the WORLD

MID YEAR

# ROTARACT LEADERS SUMMIT

**DECEMBER 10-11**

STACIA HOTEL, CEBU CITY

**EVENT HIGHLIGHTS:**

- 3rd Quarter Leaders Meeting
- Election of District Rotaract Representative-nominee
- Pilipinas MDIO Chair's Visit
- Grand Friendship Club Signing Day
- State of the District Address: The DRR's Midterm Report
- District Christmas Fellowship Night



*Rotary Club of Cebu Gloria Maris (RCCGM), sponsored the soon to be chartered president of the Rotaract Club of Cebu 3rd District, CP Harrold Hussain to join the Rotaract Leaders Summit last December 10-11, 2023. CP Harrold shared to RCCGM that he was able to network and learn a lot of new things from the experiences of the different Rotaract Clubs in District 3860. Congratulations CP Harrold! We can't wait for the chartering of your club.*

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## THE FOUR WAY TEST

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?